

# MISSION Matters

SPRING 2026

A publication for donors and friends within the Presbyterian Senior Living family



Pine Run Villagers recently gathered to celebrate the completion of Phase 1 of the Craft Barn renovation. Executive Director Charles Gergits shares an inspiring vision for what's ahead.

Read the full story and see photos from the event on page 12—and learn how you can support the next chapter of the Craft Barn.



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## Giving with Purpose Enriching Lives and Community

Through donors' heartfelt contributions and legacy gifts, critical support is provided where it's needed most. These philanthropic opportunities are organized in order of priority, determined by the demonstrated need, and assist us in fulfilling our mission and vision.

### MISSION-SUPPORTING GIFTS

Unrestricted giving leads to unrestricted thinking. Unrestricted giving provides your community with flexibility to carry out important programs and services, improve the well-being of residents, support new and innovative initiatives, tackle unforeseen challenges, or address other pressing needs. When donors give without restrictions, it opens up endless possibilities!

### RESIDENT ASSISTANCE

Imagine the smile on the face of a neighbor or friend knowing they no longer have to worry about covering their expenses. The Resident Assistance Fund helps residents and villagers who have been good financial stewards yet have outlived their resources and can no longer fully afford the services or care they need. Resident Assistance helps cover the cost of fees/housing, meals, health insurance premiums, medical care, and other necessities for residents and villagers. PSL has never asked a resident or villager to leave due to an inability to pay. Resident Assistance is about compassion, instilling peace of mind, and knowing the community you've come to call home is here for you.

### HEALTH AND WELL-BEING ACROSS THE CONTINUUM

*(formerly known as Resident Enrichment)*

Staying engaged and active physically, mentally, socially, and spiritually play a significant role in helping individuals maintain health, independence, and quality of life. This fund provides ➤ More on page 7

## WORDS FROM THE PRESIDENT AND CEO



Dear PSL Family and Friends,

As the first blooms of spring brighten our days, I'm excited to see the beauty that will soon develop and amazed by the resilience of nature that shines through even after a harsh winter. Spring really is a wonderful symbol of resurgence and growth, and I see that same spirit reflected in the way your community comes together and looks out for one another.

Thanks to your generosity, you are helping to plant seeds that are growing into new opportunities, stronger communities, and brighter futures.

In this edition of *Mission Matters*, you will find inspiring stories and updates on our latest initiatives. More specifically, you will read stories about an innovative program enhancing the quality of life for individuals living with dementia, a community that pulled together to support fellow residents and their community, ways in which team members experiencing crises are aided by compassionate donors, and much more.

These stories illustrate the power of community coming together. Thank you for your commitment to our mission and for your remarkable generosity. Your gifts are more than a dollar figure; they are the engine behind our mission to *provide compassionate, vibrant and supportive communities and services to promote wholeness of body, mind, and spirit.*

In your service,

Dan Davis, President/CEO



As we celebrate this season of renewal, we hope you'll consider renewing your support for your community.

[psl.org/give](https://psl.org/give)

## The Great Wealth Transfer



From left to right: Bethanie Constant, Moderator and VP of Mission Support at PSL; Jeff Metz, MT, CFP®, Senior Financial Planner with RTD Financial; and Rebecca Sallen, Founding Attorney at Sallen Law speak at **Cathedral Village**.

This fall Presbyterian Senior Living's Office of Mission Support, estate planning attorneys, and certified financial advisors partnered to offer *The Great Wealth Transfer: Taking Care of Yourself, Your Heirs, and the Causes You Care About* at seven PSL communities.

This seminar covered an overview of The Great Wealth Transfer; estate and gift taxes; the new deduction for individuals who are aged 65 and over; the new Universal Charitable Deduction for Non-Itemizers, and the floor and cap on itemized deductions for individuals; practical steps for getting affairs in order; conversation starters to approach one's family/heirs about wishes; and more.

The Great Wealth Transfer represents a shift in financial assets from one generation to another through inheritance, gifts, and estate plans. No matter the size of one's assets, it's essential to discuss plans with heirs and consider the potential effects on their financial health.

### A few facts about The Great Wealth Transfer

- It is a colossal shift in who owns assets in the United States.
- Currently, half of all wealth is held by people born 1946-1964.
- Over the next 20 years, this wealth will be passed to a new generation – and it has begun.
- Women will control more money than they ever have.
- Cerulli estimates that recipients of the great wealth transfer will inherit \$124 trillion in assets by around 2048 with \$105 trillion going directly to heirs, and \$18 trillion going to charity. (Cerulli Associates. The Cerulli Report. U.S. High-Net-Worth and Ultra-High-Net-Worth Markets 2024)

# 401(k) Beneficiary Rules You Should Know: Relationships Matter

Inheriting a 401(k) comes with rules for beneficiaries that are dependent upon the relationship to the account owner. Spouses generally have more options than non-spouse beneficiaries. We encourage you to speak with your attorney or financial adviser about your options.

*This information is not, nor is it intended to be, legal or financial advice. You should consult an attorney or financial adviser for individual advice regarding your own situation.*

## 401(K) Beneficiary Rules for Surviving Spouses

A surviving spouse can leave the 401(k) in the decedent's name, withdraw the entire balance, or consider one of these two options:

- Roll the 401(k) into their own retirement account and treat the assets as their own. This means the surviving spouse will not have to take distributions until they reach Required Minimum Distribution (RMD) age. Currently, the RMD age is 73 for people born between 1951 and 1959 and 75 for people born in 1960 or later. Distributions are taxed as ordinary income, and early withdrawals may incur a 10% penalty.
- Roll the funds into an inherited IRA, which allows the spouse to be treated as the original owner and take RMDs based upon their own or their spouse's age. If the spouse is younger than the decedent, this option allows for more control over distribution timing, potentially minimizing taxes. Withdrawals from an inherited IRA are not subject to early withdrawal penalties.

## 401(K) Beneficiary Rules for Non-Spouses

- 10-year withdrawal rule: Currently, non-eligible non-spouse beneficiaries must withdraw the entire balance of an inherited 401(k) within 10 years of the account holder's death. If the original account holder had started taking RMDs before passing, the beneficiary must continue to take these RMDs "at least as rapidly." The full balance must be withdrawn by the end of the tenth year.
- 10-year rule penalty: If a non-spouse beneficiary fails to withdraw all funds from an inherited IRA within the 10-year period, they can face a 25% penalty on the remaining balance. This penalty can be reduced to 10% if the error is corrected within two years. Any remaining balance is still subject to ordinary income taxes upon withdrawal, further increasing the financial burden.

## Exceptions

Certain eligible designated beneficiaries may be exempt from the 10-year rule and can take distributions based on their life expectancy this may include minor children, individuals who are disabled or chronically ill, and/or beneficiaries who are no more than 10 years younger than the original IRA holder.

*To learn about how you can contribute to your PSL community through your IRA, contact the Office of Mission Support at 717-502-8872 or email [MissionSupport@psl.org](mailto:MissionSupport@psl.org).*



## Weight Training and Your Cognitive Health

*by Bethanie Constant, CFRE, Vice President of Mission Support, M.S. of Gerontology*

Regular exercise is a known modifiable risk factor for dementia. More recent studies suggest that weight training, or resistance training, not only helps individuals maintain muscle, which helps prevent falls, but also helps protect individuals' brains as they age. MRI scans have revealed that the brains of people participating in weight training have better preserved brain matter and better brain health, while control groups showed decline.

Weight training is supportive because it preserves the hippocampus and precuneus volume in at-risk individuals. These areas are key to maintaining brain health and preventing diseases and disorders that present symptoms that we call dementia. Participants in weight training programs also had better verbal episodic memory. This could be because of increased blood flow and reduced inflammation. Weightlifting also helps with myokine secretion, which helps promote brain-derived neurotrophic factors (BDNF) which contribute to cognitive health.

In addition to preventative interventions, the benefits of weight training have been observed in individuals who are already showing signs of mild cognitive impairment (MCI).

Exercise goes a long way to maintain one's health, but not every activity is good for everybody. Talk with your doctor and healthcare providers about what you can do safely to preserve and expand your capabilities based on your specific case.

*Content in this newsletter is for reference purposes and is not intended to substitute for advice given by a physician, pharmacist, physical therapist, or other licensed health care professional. You should not use this information as self-diagnosis or for treating health problems or diseases.*

# Quincy Village Presbyterian Senior Living Partners with Montessori Dementia Experts to Elevate Care

Presbyterian Senior Living's **Quincy Village** is proud to announce the launch of a groundbreaking three-year initiative beginning in 2026 to expand and enhance care for residents living with dementia through a strategic partnership with the Montessori Dementia Program and the Center for Applied Research in Dementia (CARD). This transformative initiative is made possible through the generous financial support of anonymous donors who reside at Quincy Village. Their commitments ensure the program's full implementation over the three-year period. This collaboration reflects Quincy Village's deep commitment to innovative, person-centered care that supports independence, dignity, and meaningful engagement for individuals affected by cognitive change.



## A Collaborative Three-Year Implementation Plan

Beginning in 2026, the partnership with CARD and the Montessori Dementia Program will unfold through a structured three-year implementation plan at Quincy Village.

Key components of the initiative include:

- **Comprehensive training and ongoing coaching** for Quincy Village care partners to integrate Montessori principles into daily care practices
- **Intentional environmental design and activity development** that promote resident choice, engagement, and independence
- **Ongoing evaluation and mentorship** through collaboration with CARD experts to ensure sustainability and continuous improvement
- **A culture shift in dementia care**, embedding person-centered, strengths-based practices throughout daily life

This phased and supported approach ensures that staff feel confident and empowered while residents experience meaningful, lasting benefits.

## Transforming Care for Lasting Impact

The adoption of the Montessori Inspired Lifestyle® represents more than a program — it reflects a transformational shift in culture and care philosophy. With the support of anonymous donors and the expertise of nationally recognized dementia care leaders, Quincy Village is setting a new standard for dementia care within Presbyterian Senior Living.

If you would like to support programs like this at Quincy Village or your community, donate to the Health and Well-Being Across the Continuum Fund.

Living with a spouse that has dementia, I feel this will be a valuable program for older adults with dementia. Hopefully, if started early in their dementia journey, this program may slow the disease's progress and even improve their lifestyle. I firmly believe in supporting the efforts that Quincy Village is making to this end.

- ANONYMOUS DONOR



Having lost a parent to dementia and being deeply engaged in providing support and person-centered care throughout many years of cognitive decline, I can attest to the importance of having available guidance and useful tools to help ease the arduous journey for the individual with dementia and their care partners. I am hopeful that what is achieved from the Montessori Dementia Program will serve to improve the lives of those struggling with dementia at Quincy Village and throughout Presbyterian Senior Living so that everyone involved may enjoy a more comfortable, less stressful, dignified and fulfilling life experience.

- ANONYMOUS DONOR

## A Vision Rooted in Purpose and Research

Memory Care at Parker House, part of Quincy Village's assisted living neighborhood, has long embraced a "small house" concept designed to create a homelike environment where residents can age in place with comfort and connection. To further support residents living with dementia and their care partners, Presbyterian Senior Living undertook a thoughtful and deliberate evaluation of dementia care models to ensure alignment with the unique needs of residents and team members. After careful consideration, Quincy Village selected the Montessori Inspired Lifestyle®.

## What the Montessori Approach Brings to Dementia Care

The Montessori Inspired Lifestyle® is an evidence-based model that applies the core principles of the Montessori philosophy to dementia care, shifting the focus from deficits to strengths. Residents are supported so they can continue to be active participants in their daily lives through purposeful roles, have choice-based activities, and thrive in environments designed to promote success. Rather than asking individuals to adapt to care routines, the model adapts care to the individual. Research has demonstrated that Montessori-based dementia practices can increase meaningful engagement, improve mood, and enhance overall quality of life — benefits that extend not only to residents, but also to their care partners.

## Advocacy Corner



by Debra Larkin NHA, CHC, CPASRM, PSL Vice President of Compliance and Privacy

There are many ways to speak up for older adults, healthcare providers, and your community in 2026. One of the simplest and most effective actions you can take is to reach out to your elected officials. You can find them here: [www.usa.gov/elected-officials](http://www.usa.gov/elected-officials). LeadingAge PA will be launching a VoterVOICE campaign ahead of the Pennsylvania Governor's February budget address. This will officially start the 2026–2027 state budget advocacy season.

### Advocacy Opportunities:

1. Participate in LeadingAge PA and LeadingAge National advocacy opportunities to amplify advocacy efforts through action alerts and VoterVOICE campaigns throughout the year. There will be opportunities related to:
  - Medicare and Medicaid policy,
  - Long-term care standards, and
  - Funding for aging services.
2. Support workforce focused advocacy efforts for provider organizations, including PSL by:
  - Advocating for funding tied to workforce development,
  - Simplifying regulations, and
  - Reducing administrative burdens so providers can redirect time and resources to care delivery.
3. Advocate for Home and Community Based Services (HCBS) and Senior Housing beyond nursing facilities, many older Pennsylvanians rely on HCBS programs and Affordable senior housing. These are priority areas at the national level and offer opportunities to support aging in place.
4. Collaborate With Aging Services Advocacy Groups
  - Organizations like the Pennsylvania Association of Area Agencies on Aging (P4A) actively encourage community members to write letters, call lawmakers, attend public meetings, and raise awareness of older adult needs. These everyday actions help build sustained pressure for legislative support.
  - The Pennsylvania Department of Aging also provides programs focused on elder protections, abuse prevention, and advocacy through its Long-Term Care Ombudsman Program—another key channel for elevating resident issues.

## \$10,000 GIFT SUPPORTS TEAM MEMBER ASSISTANCE FUND



On December 18, Barbara Law, Executive Director of the John H. Shook Foundation (center), presented a generous donation of \$10,000 to support the Team Member Assistance Fund (formerly known as the Caring Community Hardship Fund) at **Quincy Village** and **Green Ridge Village**.

The donation was presented to PSL President and CEO Dan Davis, Green Ridge Village Executive Director Amber Hurley, Quincy Village Executive Director Jodi Murphy, and Vice President of Human Resources Cindy Fox.

The Team Member Assistance Fund provides confidential, one-time financial assistance to compassionate and dedicated team members who experience temporary financial hardship due to emergencies or catastrophic events—such as medical emergencies, fires, car accidents, or unexpected funeral expenses for a loved one.

We are grateful for this incredible support that helps our team members during challenging times.

# Creating Space for Connection: Witmer Trust Grant Enhances Life at Green Ridge Village

At **Green Ridge Village** (GRV), community is more than a concept—it is a daily experience grounded in dignity, accessibility, and meaningful connection. In 2025, that commitment was strengthened through the generous support of the John L. and C. Jeanette Witmer Charitable Trust. The Trust's grant enabled GRV to enhance inclusive spaces



and shared experiences that help residents with varying physical abilities to connect and thrive together.

The Witmer Trust grant allows GRV to purchase two Inclusion Tables®, innovative pieces of adaptive furniture designed to adjust both vertically and horizontally to accommodate a wide range of mobility needs. The Inclusion Tables® enhance and support a welcoming gathering space in Skilled Nursing and Personal Care.

Surpassing minimum ADA requirements, the Inclusion Tables® allow residents using wheelchairs of any size to access the table comfortably and independently. At the same time, the design ensures that those who do not require accommodation to sit alongside others with ease—making it possible for everyone to share meals, participate in activities, and spend time together without barriers.

Furthermore, the tables promote connection, reduce isolation, and support emotional and cognitive well-being.

Social isolation is a significant concern for older adults, particularly for individuals receiving higher levels of care. By intentionally creating accessible, shared spaces, GRV is addressing this challenge head-on.

The impact extends beyond residents. Team members can use the tables as collaborative spaces that support empathy, engagement, and person-centered care. Families and friends also benefit, finding it easier to gather comfortably with loved ones and remain connected to their lives.

The Inclusion Tables® will serve current and future residents for years to come, reinforcing a culture of respect, dignity, and compassion. Through its partnership with the John L. and C. Jeanette Witmer Charitable Trust, GRV continues to build a community where everyone truly has a place at the table.

## Carting Around for Fun: A Scavenger Hunt Adventure



Residents at **Green Ridge Village** recently set off on a spirited Golf Cart Scavenger Hunt, exploring the community's 350-acre wooded campus and more than six miles of scenic trails. With 12 golf carts in the race, each team showed off their creativity by choosing a fun team name before racing against the clock to complete the hunt.

Medals were awarded to first-, second-, and third-place teams, but the true victory was the shared joy and camaraderie along the way—everyone finished feeling like a champion. The fun continued after the hunt as residents gathered to enjoy refreshments and plenty of laughter.

The highlight of all? Residents voted to make the Golf Cart Scavenger Hunt an annual tradition. We can't wait to see what next year's adventure has in store!

# Giving with Purpose (continued)

for innovative and best practice solutions to health and well-being needs. Offerings may include specialized exercise classes; stimulating social, cultural, art, and performance activities; lifelong learning educational classes; a comprehensive library; spiritual care; recreational, music, and art therapy; and much more. This fund also provides flexible support to address new or changing high priority needs of residents.

## COMMUNITY ENHANCEMENT FUND

From cozy corners to vibrant gardens, welcoming physical environments positively affect residents' health and well-being. Spaces that encourage connection and community promote the ability to thrive and live life fully. The Community Enhancement Fund is used to acquire items for indoor and outdoor spaces and can assist with prioritized capital projects and improvements. A community is more than a place; it is something we build together.

## TEAM MEMBER ASSISTANCE FUND

*(formerly known as Caring Community Employee Hardship Fund)*

Compassionate and dedicated team members sometimes experience temporary financial hardship due to an emergency or catastrophic event such as a medical emergency, fire, car accident, or unexpected funeral expenses for a loved one. The Team Member Assistance Fund provides confidential, one-time financial assistance based on demonstrated need. By uniting in times of crisis, this program seeks to alleviate the stress and burden associated with unexpected financial challenges, allowing team members to regain their footing and focus on what matters most: their well-being and the care of those they serve.



SUPPORT THE MISSION  
**Give today!**  
[psl.org/give](https://psl.org/give)

## Your Generosity Can Take Many Forms

- Bequests
- Retirement assets & IRA Rollovers
- Gifts of appreciated securities
- Donor Advised Funds
- Life insurance beneficiary designation
- Gifts of real estate
- Cash gifts and pledges
- Refundable entrance fee

Many of these options offer tax advantages, such as reducing capital gains or lowering estate taxes. Talk with your financial advisor to find the strategy that's right for you. PSL and its communities are 501(c)(3) charitable organizations. Your gift is tax-deductible to the fullest extent of the law.

## You may also contribute to...

### SCHOLARSHIP FUNDS

Make a lasting impact by endowing a scholarship or contributing to an existing fund that supports team members who wish to further their education and advance their careers. Programs may include scholarships; financial support for conferences, workshops, and licensing or certification beyond minimum employment requirements; and individual or group training programs to grow knowledge and skills.

### AFFORDABLE HOUSING AND SUPPORTIVE SERVICES

Our affordable housing communities extend beyond shelter; they build communities where people can thrive, diminish feelings of isolation, and enhance stability. Residents benefit from supportive services and live with peace of mind. Gifts may assist in funding essential services like nutritional support, programs, transportation, and capital needs.



## THE EASE OF MAKING A GIFT THROUGH MY IRA

I was surprised how easy it was to make a Qualified Charitable Distribution from my IRA with Fidelity. I searched their website for that topic, and it directed me to a fill-in form online. All I had to do was put in PSL's address and the amount, and there was a place where I could specify what the donation was for, in my case for Resident Assistance. Since a Qualified Charitable Distribution is pre-tax, and I'm in the 24% bracket, a \$1,000 donation is the equivalent to giving \$1,316 from my checking account, including the 24% tax.

- **BILL SCOTT**, Board of Trustee member and Pine Run Village Board member

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# A Fresh New Look for the Bistro at Ware Presbyterian Village

Ware Presbyterian Village unveiled its newly renovated Bistro in 2025, a refreshed and inviting space designed to enhance both comfort and connection for residents and guests. The completed renovation brings a modern yet welcoming update to one of the community's most popular gathering spots.

The transformation includes brand-new flooring that brightens the space while improving durability and ease of maintenance. New chairs were carefully selected to complement the existing tables, creating a cohesive look that blends style with comfort. New bar stools were also purchased for the Bistro, providing additional seating and enhancing the overall functionality of the space. The result is a Bistro that feels updated and polished while remaining familiar and inviting.

One of the highlights of the renovation is the addition of a versatile serving counter designed to support a variety of dining and social events. The counter provides flexible space for the dining team to utilize in multiple ways, including coffee service and food displays during special occasions such as happy hours, gallery events, and community gatherings. This adaptable feature enhances both functionality and flow within the Bistro, allowing the space to easily accommodate everyday use as well as special events.

To ensure the renovation truly reflected the needs and preferences of the community, a special committee made up of current Ware staff and residents played an active role in the planning process. Committee members visited several established senior living communities to tour their bistro-style spaces, gathering ideas and inspiration that helped shape the design of the newly refurbished Ware Bistro. Their involvement ensured the final result was both practical and appealing, rooted in real-life experience and thoughtful consideration.



This space holds many special memories for me. My husband met here daily with his friends, and those moments of friendship and conversation meant so much to him. Supporting the renovation of the Bistro felt like a meaningful way to honor his memory and the connections he cherished.

- ANONYMOUS DONOR

To complete the update, new wall décor was added to bring warmth, character, and visual interest to the room. These finishing touches help create an atmosphere that feels both comfortable and contemporary, reinforcing the Bistro as a place to gather, connect, and unwind.

The renovated Bistro reflects Ware Presbyterian Village's ongoing commitment to providing thoughtfully designed spaces that support quality of life and foster community. Residents are already enjoying the refreshed environment, and the Bistro continues to serve as a favorite place for casual dining, coffee breaks, and meaningful moments shared together.

Residents and visitors are invited to stop by, take a seat, and enjoy all that the newly renovated Bistro has to offer.

## Honoring Rev. Dr. Lawrence R. Chottiner

Rev. Dr. Lawrence R. Chottiner was honored with a Certificate of Appreciation recognizing his exceptional service and dedicated leadership during his term on The Long Community Board.

Although his term on the Board has concluded, Larry continues to guide and support PSL through his ongoing service as a member of the Board of Trustees, Chair of the Mission Support Committee, and Chair of the Affordable Housing Foundation.

Larry began his service on The Long Community Board in January 2017 and completed a nine-year term in December 2025.



From left to right: Erika Nevins, TLC Campus Administrator; John Ross, Director of Mission Support; Gerald Rothacker, Board Member; Jane Snyder, TLC Resident and Board Member; Larry Chottiner, Outgoing Board Member; Mike Oster, Board Chair; Douglas Rinehart, Board Member; Mary Lyons, Board Member; and Dan Davis, PSL President and CEO

# Board Member Feature: SUSAN SCOTT

## PSL Mission Support Committee Member and Cathedral Village Board Chair

Once upon a time I did not know anything about PSL. As a geriatric nurse, I *did* know about CCRCs, nursing homes, personal care and affordable housing, but questioned the quality and caring attitudes of the industry.

Then, as I was working in a hospital-based home care agency, I was offered an opportunity to collaborate with the Glen Meadows Executive Director to develop a wellness center.

Those years ago, leadership at PSL was not satisfied with the then-current coverage for residents, which was a couple of hours a week by a doctor. The Glen Meadows Executive Director requested a wellness continuum that included five days a week to include physician services, health center physician directorship, vision and hearing services, hospice and homecare. My then employers' team proposed to include everything requested. We were approved and I headed up the program and provided daily wellness clinic coverage for the first year.

During that time, I witnessed how PSL cared for residents in the CCRC continuum. I was surprised at how inclusive the caregiving was – including the expectation that housekeeping and maintenance “care” about the residents as well as the health care and administrative teams. I knew so many of the residents because they came to the wellness center and subsequently heard that they were pleased with how they were treated as residents and, when needed, as patients. I saw how the health professionals respected residents as their health needs evolved and became substantial. In my view, PSL always did “the right thing” when caring for residents. Indeed, I would have been glad to work in the PSL environment.

My career in geriatric nursing provided me with the opportunity to learn about aging, aging services, and to prepare for aging myself. Over the years, my experiences with PSL as a Trustee, an affiliate Board Chair, Program and Services Committee member, and Mission Support Committee member have taught me that PSL is where one can expect to be treated with quality care and respect.

PSL Resident Assistance Funds help those in need to continue to reside in a PSL community even if their funds become depleted. Helping residents stay where they get excellent care and caring is why I have volunteered my time, talent and treasure for the last 28 years. Will you join me and consider making a gift to your community's Resident Assistance Fund?



## Assisting Those Who Serve

The Team Member Assistance Fund, formerly known as Caring Community Employee Hardship Fund, provided 107 team members with grants totaling \$69,395 in 2025.

Compassionate and dedicated team members sometimes experience temporary financial hardship due to emergencies or catastrophic events such as a natural disaster, medical emergency, fire, car accident, or unexpected funeral expenses for a loved one.

This program seeks to alleviate the stress and burden associated with unexpected financial challenges, allowing team members to regain their footing and focus on what matters most — their well-being and the care of those they serve.

The Team Member Assistance Fund provides this confidential financial assistance based on set criteria and demonstrated need.

Funding for this program is made possible by Presbyterian Senior Living and the generosity of its donors. This program is subject to the availability of funds.

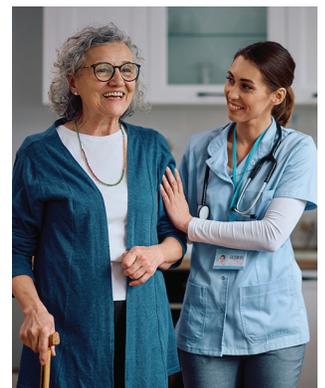
You can contribute to help team members in their time of need.

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**Team members can learn more and obtain an application by contacting their community Human Resources Manager or the PSL Vice President of Employee Relations, or online via My HR under the Human Resource News section.**  
.....

To donate by check: Please make your check payable to PSL or your community. In the memo line note 'Team Member Assistance Fund' and mail it to:

Mission Support  
Presbyterian Senior Living  
1 Trinity Dr E, Ste 201  
Dillsburg, PA 17019

To donate online: go to [www.psl.org/give](http://www.psl.org/give) (select 'Team Member Assistance Fund' in the designation box.)



If you would like to learn more contact Bethanie Constant, Vice President of Mission Support at [bconstant@psl.org](mailto:bconstant@psl.org) or 717-601-0626.

# Planning Today, Impacting Tomorrow: The Power of Legacy Giving

As spring brings renewal and growth, it's also the perfect time to reflect on how we can cultivate a legacy that continues to nurture others long into the future.

At **Presbyterian Senior Living (PSL)**, we are deeply grateful for those who share our mission to enrich the lives of older adults through compassionate care, vibrant living, and service.

One of the most powerful ways to ensure that this mission thrives for generations to come is through **Planned Giving**—a thoughtful way to make a lasting impact while also meeting your personal, family, and financial goals.

## Why Consider a Planned Gift?

Planned giving allows you to extend your generosity and values beyond your lifetime. Whether through a **bequest in your will, trust, life insurance, or retirement plan designation**, your planned gift provides enduring support for the people and programs that make PSL

communities so special. Even modest planned gifts can make a lasting difference—helping to sustain affordable housing, quality care, resident assistance, and life-enriching programs.

## Spring Into Action

This April, take a moment to review your estate plans and consider how your legacy can continue the mission of Presbyterian Senior Living and your community.

**Use the enclosed envelope to update your personal commitment and legacy intentions**—a simple but powerful step toward ensuring your values live on through your support of PSL.



Learn about Gifts in Wills, Trusts, Retirement Accounts and Other Ways to Give Smart at [psl.org/giftplanning](https://psl.org/giftplanning)

*Our Mission Support team members are here to help you explore how your gift can make a meaningful and lasting difference. Contact us to receive an EIN / tax ID or account information for transfers, to discuss funds, to notify us of an incoming gift, or to have other questions answered.*



### **BETHANIE CONSTANT**

VP Mission Support

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Bethanie works to support PSL-wide initiatives, Affordable Housing and Supportive Services.

### **Office of Mission Support**

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### **WALLY LEE**

Director of Mission Support

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Wally works with donors to support Glen Meadows, Green Ridge Village, Moyer House at Carroll Village, Quincy Village, Ware Presbyterian Village, and Westminster Place at Ware Senior Housing.



### **JASON LYONS**

Director of Mission Support

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Jason works with donors to support Grace Manor, Presbyterian Home at Williamsport, Presbyterian Village at Hollidaysburg, St. Andrew's Village, Westminster Woods at Huntingdon, and Mark H. Kennedy Park.



### **JOHN ROSS**

Director of Mission Support

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John works with donors to support Cathedral Village, Kirkland Village, The Long Community, Pine Run Village, and Westminster Village at Dover.

**Your foresight today ensures that others can flourish tomorrow—rooted in faith, compassion, and community.**

# Strengthening Community and Compassion at Glen Meadows

Nestled atop nearly 500 acres in a serene, pastoral setting, **Glen Meadows** offers far more than beautiful views. With scenic walking trails, a fishing pond, abundant wildlife, and neighboring horse farms and agricultural land, Glen Meadows provides a peaceful environment that nourishes both body and spirit. Its unique history as a former sanatorium for the School Sisters of Notre Dame—and as the home of the awe-inspiring Villa Maria Cemetery—further distinguishes Glen Meadows not only among Presbyterian Senior Living (PSL) communities, but throughout the mid-Atlantic region.

For more than 40 years, Glen Meadows has served residents as a Continuing Care Retirement Community (CCRC), offering a full continuum of care rooted in compassion and dignity. As the only PSL community located in Maryland, Glen Meadows is proudly part of PSL's nonprofit mission to serve older adults with excellence, integrity, and respect. Residents are drawn here for many reasons: the natural beauty, the spiritual offerings, the security of a CCRC, and the deep sense of belonging and kindness that defines life at Glen Meadows.

One of the most meaningful aspects of that security is Resident Assistance. At Glen Meadows, Resident Assistance means peace of mind. Should a resident outlive their financial resources through no fault of their own, they are not asked to leave the community they call home. Instead, Glen Meadows ensures everyone can remain there, surrounded by familiar neighbors, caregivers, staff, and routines. For residents, Glen Meadows is not interchangeable with any other community—it is home. The assurance that they can stay, regardless of financial uncertainty, allows residents to focus on thriving rather than worrying about the future.

This commitment is made possible in part through the **Glen Meadows Foundation**, which maintains its own endowment dedicated exclusively to improving and supporting the community. The Foundation is governed by an all-resident Board of Trustees that thoughtfully reviews and votes on funding requests from departments across campus, with a strong emphasis on the Health Care (Skilled Nursing) and Assisted Living neighborhoods.

In 2025, the Foundation Board demonstrated exceptional leadership and generosity. At its August 20, 2025, meeting, the Board unanimously approved a charitable gift of **\$16,849.93** to the Glen Meadows Resident Assistance Fund—the maximum amount allowable under Foundation guidelines. This decision reflected both the growing need for Resident Assistance and the Board's desire to lead by example in supporting this vital mission. These funds provide confidential, compassionate support for essential needs such as monthly fees, meals, health insurance premiums,



Glen Meadows Foundation Board Members (from left to right):  
Becky Clark, Helen Parker, Kathi Calvert, Rosemarie Guntzel,  
Barbara Ballard, Kristi Sjöholm-Sierchio

medical care, and other necessities for Glen Meadows residents facing financial hardship.

In addition to Resident Assistance, the Glen Meadows Foundation also invested in enhancements that enrich daily life and strengthen shared spaces across the community. In 2025: **\$3,529.50** was allocated for the purchase of 150 folding event chairs, supporting community gatherings, celebrations, and group activities that foster connection among residents, families, and staff, and **\$12,860.78** was invested in four adjustable recreation tables and sixteen chairs for Assisted Living, enhancing social engagement, recreational programming, and everyday comfort for residents.

These gifts go beyond practical improvements. They represent an intentional investment in creating welcoming spaces where fellowship, creativity, and joy can flourish.

As a 501(c)(3) public charity, the Glen Meadows Foundation exists to support PSL services at Glen Meadows through thoughtful stewardship and donor generosity. The Foundation's work affirms a core belief: every resident deserves dignity, security, and a full life enriched by meaningful relationships and compassionate care.

The Glen Meadows Foundation extends heartfelt thanks to its donors, Board members, and supporters whose generosity continues to make a lasting impact. Together, they ensure that Glen Meadows remains not just a place to live—but a community where compassion, mission, and care are lived every day.



**Where flowers  
bloom, so  
does hope.**

— Lady Bird Johnson

The official registration and financial information of Presbyterian Senior Living may be obtained from the Pennsylvania Department of State by calling toll free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement. A copy of the financial statement of Glen Meadows is available by calling 1-800-382-1385. Documents and information submitted under the Maryland Solicitations Act are also available, State House, Annapolis, MD 21401, 1-410-974-5534. Presbyterian Senior Living's Mark Kennedy Park, in Clairsville, OH, is exempt from federal income taxation under section 501(a) and is a charitable organization described in section 501(c)(3) of the Internal Revenue Code. You may opt out of future solicitations for fundraising by emailing [MissionSupport@psl.org](mailto:MissionSupport@psl.org) or calling 717-502-8872.

## Celebrating Creativity at the Pine Run Craft Barn

Villagers at the **Pine Run Village** community recently gathered to celebrate creativity, craftsmanship, and connection at the Craft Barn Celebration and Open House. Guests filled The Grille to mark the successful completion of Phase 1, then enjoyed guided tours of the Craft Barn—seeing firsthand the incredible pieces created by the talented Villagers. From fabric arts to woodworking, the craftsmanship and passion on display made it clear just how special this space has become.



Executive Director Charles Gergits set a welcoming tone for the afternoon with warm hospitality, great food, and an inspiring look ahead. With Phase 1 complete, excitement is building for Phase 2, which will include a new multipurpose space designed to further enrich the experience for all who visit, create, and connect.

Fundraising for Phase 2 is officially underway, and your support will help us continue building a space that nurtures creativity, community, and meaningful engagement.

*Learn more or make a gift at [www.psl.org/craftbarn](http://www.psl.org/craftbarn)*

