

Guidance for Gifting to Health Center, Personal Care and Assisted Living Residents

If someone would like to deliver a gift for their resident ideally it would be in advance of the event or holiday. We do not require quarantine or holding of items and will do our best to deliver items to the resident on the day we receive them.

Gift ideas - (All of these are perfect to bring back memories)

- Rechargeable wireless MP3 player with their favorite songs
- Photo album or scrap book
- Talking cards or photo frames with your message recorded
- Digital photo frames with photos loaded.
- Tablet or laptop to use with your loved on to Facetime, SKYPE, etc.
- Personalized blanket or pillow (Shutterfly has some great ones)

- Build A Bear stuffed animal with message that you can personalize
- Button up/cardigan style sweaters
- Socks with grippers on the bottom
- A magazine subscription Reminisce is always a good one
- Puzzle books- word find, sudoku, cross words large print is best
- Large print books
- Hair care supplies- barrettes, headbands, scarves, sleeping curlers, etc

Many of you may desire to decorate your loved one's room. Because of COVID, unfortunately we are often having to move rooms to cohort residents. We also have to be very mindful of infection control. Window decorations are always fun. A seasonal bedspread, blanket, or pillow would be nice. We cannot permit live trees. Houseplants and flowers are welcome.

We ask that families and friends not deliver a special meal that requires refrigeration or reheating. Instead, family and friends are welcome to drop off treats in a sealable tin/Tupperware. It should be labeled with the resident name and be diet appropriate. If they have questions about diet please call the nursing team for recommendations.

We appreciate the outpouring of support toward our team members. If you desire to send a treat please only send commercially prepared and individually wrapped treats. Fruit is also appreciated. The communal sharing can increase the risk of also sharing COVID 19. What is most appreciated are notes and cards of gratitude. A card with a heartfelt sentiment is what is most memorable. You may also want to consider making a donation to the community using this link. Any donation will be used toward resident programming and life enhancement opportunities.

www.presbyterianseniorliving.org/online-donations