



PRESBYTERIAN
SENIOR LIVING

PSL PERKS OVERVIEW



HEALTH &
WELL-BEING

Call to Health

Call to Health 

Well-being wholeness is important at PSL. [Call to Health](#) is a well-being program offered to all employees and spouses of the medical and prescription plan.

Employee Assistance Program

Spring Health 

[Spring Health](#) supports PSL employees and their immediate household members with many resources. Some of the resources include counseling, living will preparation, searching for pet daycare, senior care, and child care. More info on Spring Health can be found [here](#).

Fitness



Access to Fitness Centers at select PSL communities. Also, visit [Blue 365](#) that includes the Fitness Your Way Program.

My Chap App



A [personalized and proactive care service](#) for all Team Members, Residents and Their Families - at no cost! My Chap is available at select communities.

Paid Time Off from Work



Paid time off from work is offered to full time and part time employees. This valuable time is necessary for employees and can be used for illness, personal matters and rest and relaxation.

Prudential Beneficiary Advocate

 Prudential

A [comprehensive program](#) of beneficiary services to help, no matter what the issue.

Shift Swap



Flexibility at work schedules. Contact your community human resources and scheduler for more details!

Walking Trails



Walking trails are available at select communities. Enjoy the beauty of PSL's community grounds!

Thrive Wellness



[Thrive Wellness](#) is derived from the Six Dimension Model: Vocational, Physical, Social, Intellectual, Spiritual and Emotional. [Yoga](#) and [meditation](#) videos available.



Pet Insurance

Pet Insurance provided by Pet Partners is a benefit for all PSL employees. Cover your furry family members by enrolling through the [Pet Partners portal](#). Additional information on the benefit can be found [here](#).



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My HR

'My HR' gives employees access to a PSL portal 24/7 to access paystubs, enroll in benefits, review the latest PSL news & information, view Ultipro Time & Attendance (UTA), and much more! There is also a 'My HR' app and UKG Wallet app for smart phones/devices.

For more information on PSL Benefits visit: www.psl.org/benefits

Documents and more information can be found on: ['My HR'](#)



Words highlighted in blue are links that take you to more resources.



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FINANCIAL WELL-BEING



Board of Pensions Grants



THE BOARD OF PENSIONS
OF THE PRESBYTERIAN CHURCH (U.S.A.)

There are [grants](#) available if you elect the medical and prescription program.

Assistance Programs: Adoptions, College, Medical, Grant.

Team Member Assistance Fund



PSL has a [Team Member Assistance Fund](#) to assist employees when they are in a time of need.

Credit Unions

PSL partners with a variety of credit unions. Please contact your community human resources for more details.

Retirement Program



PSL offers a 403B retirement program that includes a Roth option through [Conrad Siegel](#) with up to a 4% employer match.

Employee Giving

MADE POSSIBLE TOGETHER



PSL offers an [Employee Giving](#) campaign that gives back to the PSL community residents and employees.

Turbo Tax



Import your W-2 information directly into Turbo Tax, visit '[My HR](#)' for more info.

UKG Wallet - EWA & Financial Wellness

[UKG Wallet](#) allows you to receive your earnings in advance to your pay day. There are also other great financial resources available.

Total Compensation Statement

The Total Compensation Statement provides you a comprehensive snapshot of benefits and rewards paid for by PSL. Visit '[My HR](#)' to view your personalized Total Compensation Statement.

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REWARDS & OTHER DISCOUNTS



Blue 365

Blue365

Check out the latest [Blue365](#) discounts offered to PSL employees.

Livongo



[Livongo](#) is a feature of **Teladoc Health** that provides you with the tools, support, and guidance to help you understand and manage chronic conditions.

Delta Dental LifePerks DELTA DENTAL

As a Delta Dental member, you have access to a wide variety of local and national offers and discounts through [LifePerks](#).

PSL Rewards Portal

[PSL Rewards Portal](#) gives employees access to redeemable merchandise through rewards programs.

UKG Wallet Discounts

UKG

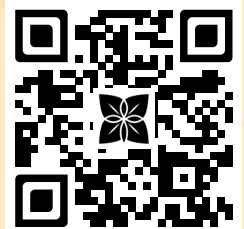
Enjoy [UKG Wallet](#) discounts on movie tickets, car insurance, Good RX.

Hinge Health



If you're enrolled in the PPO, EPO, or HDHP, you have access to a virtual physical therapy program through Hinge Health for relief of back, joint, and muscle pain. This program provides personalized care that includes one-on-one support from a dedicated physical therapist or health coach, exercise therapy sessions, and more — all from the comfort and privacy of your home. To learn more and join the program, visit the [Hinge Health](#) website.

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DIVERSITY, EQUITY & INCLUSION



Culture of Champions



A way of life that embodies the key concepts found in PSL values, aspirational aging and [Diversity, Equity and Inclusion](#).

Spanish Document Library



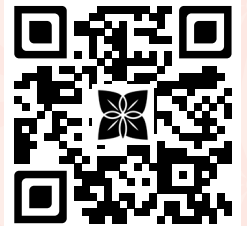
Offerings of a Spanish library on [‘My HR’](#).

SageCare Training



[SAGECare](#) is the training platform of SAGE that offers training and consultation to organizations seeking to create a fully inclusive LGBTQ + environment for seniors and employees.

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EDUCATION & CAREER DEVELOPMENT



Computer Training



Prelude Services offers monthly online courses.

Educational Partnerships



PSL partners with colleges and universities to offer tuition discounts. Visit [‘My HR’](#) for more information.

Nursing Education Initiative



PSL offers this initiative for employees looking to pursue either RN or LPN license/degree. Tuition reimbursement may be up to \$5,000 per year through the Nursing Education Initiative. Contact your Community Human Resources Department for more details.

Scholarships



Residents and donors are invested in you as you serve your community and pursue further education and training goals. Scholarships are available in several communities to aid you in seeking education and career advancement.

Training Courses



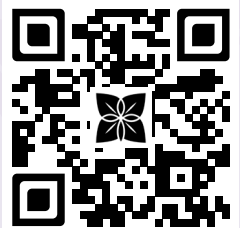
[Relias Learning System](#) is used for required and optional training courses for PSL. CEU credits offered on some courses.

Tuition Assistance



Going back to school? Expanding your knowledge and continuing education assistance is available to PSL employees. Visit [‘My HR’](#) for more information.

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