



## Call to Health

*Call to Health* 

Well-being wholeness is important at PSL. [Call to Health](#) is a well-being program offered to all employees and spouses of the medical and prescription plan.

## Employee Assistance Program Cigna

[CIGNA](#) supports PSL employees and their immediate household members with many resources. Some of the resources include counseling, living will preparation, searching for pet daycare, senior care, and child care. More info on CIGNA can be found on [‘My HR’](#).

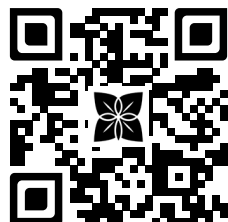
## Fitness

Access to Fitness Centers at select communities as well as the Highmark Fitness Your Way Program. Visit [‘My HR’](#) for more information.

## Paid Time Off from Work

Paid time off from work is offered to full time and part time employees. This valuable time is necessary for employees and can be used for illness, personal matters and rest and relaxation.

Annual Leave ([AL](#)) time is provided to full-time and part-time employees. Paid Time Off ([PTO](#)) is provided to Senior Employees.



## Prudential Beneficiary Advocate Prudential

A [comprehensive program](#) of beneficiary services to help, no matter what the issue.

## Shift Swap

Flexibility at work schedules. Contact your community human resources and scheduler for more details!

## Walking Trails

Walking trails are available at select communities. Enjoy the beauty of PSL’s community grounds!

## Thrive Wellness

[Thrive Wellness](#) is derived from the Six Dimension Model: Vocational, Physical, Social, Intellectual, Spiritual and Emotional. [Yoga](#) and [meditation](#) videos available.

**Words highlighted in blue are links that take you to more resources.**



‘My HR’ gives employees access to a PSL portal 24/7 to access paystubs, enroll in benefits, review the latest PSL news & information, view Ultipro Time & Attendance (UTA), and much more! There is also a ‘My HR’ app and UKG Wallet app for smart phones/devices.

**For more information on PSL Benefits visit: [www.psl.org/benefits](http://www.psl.org/benefits)**  
**Documents and more information can be found on: [‘My HR’](#)**



# PSL PERKS OVERVIEW

## FINANCIAL WELL-BEING



### Board of Pensions Grants



There are [grants](#) available if you elect the medical and prescription program.

Assistance Programs: Adoptions, College, Medical, Grant.

### Caring Community Employee Hardship Fund



PSL has a [Caring Community Employee Hardship Fund](#) to assist employees when they are in a time of need.

### Credit Unions

PSL partners with a variety of credit unions. Please contact your community human resources for more details.

### Retirement Program



PSL offers a 403B retirement program through [Conrad Siegel](#) with up to a 4% employer match.

### Employee Giving

MADE POSSIBLE TOGETHER

PSL offers an [Employee Giving](#) campaign that gives back to the PSL community residents and employees.

### Turbo Tax



Import your W-2 information directly into Turbo Tax, visit ['My HR'](#) for more info.

### UKG Wallet - EWA & Financial Wellness

[UKG Wallet](#) allows your to receive your earnings in advance to your pay day. There are also other great financial resources available.

### Total Compensation Statement

The Total Compensation Statement provides you a comprehensive snapshot of benefits and rewards paid for by PSL. Visit ['My HR'](#) to view your personalized Total Compensation Statement.

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# PSL PERKS OVERVIEW

## REWARDS & OTHER DISCOUNTS



### Blue 365

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Check out the latest [Blue365](#) discounts offered to PSL employees.

### Livongo



[Livongo](#) is a feature of **Teladoc Health** that provides you with the tools, support, and guidance to help you understand and manage chronic conditions.

### Delta Dental LifePerks DELTA DENTAL

As a Delta Dental member, you have access to a wide variety of local and national offers and discounts through [LifePerks](#).

### PSL Rewards Portal

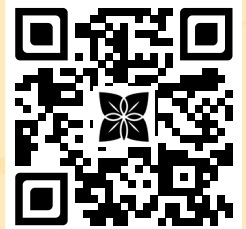
[PSL Rewards Portal](#) gives employees access to redeemable merchandise through rewards programs.

### UKG Wallet Discounts



Enjoy [UKG Wallet](#) discounts on movie tickets, car insurance, Good RX.

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# PSL PERKS OVERVIEW

## DIVERSITY, EQUITY & INCLUSION



### Culture of Champions



A way of life that embodies the key concepts found in PSL values, aspirational aging and [Diversity, Equity and Inclusion](#).

### Spanish Document Library



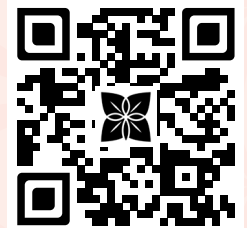
Offerings of a Spanish library on [‘My HR’](#).

### SageCare Training



[SAGECare](#) is the training platform of SAGE that offers training and consultation to organizations seeking to create a fully inclusive LGBTQ + environment for seniors and employees.

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# PSL PERKS OVERVIEW

## EDUCATION & CAREER DEVELOPMENT



### Computer Training



[Prelude Services](#) offers monthly online courses.

### Educational Partnerships



PSL partners with colleges and universities to offer tuition discounts. Visit '[My HR](#)' for more information.

### Nursing Education Initiative



PSL offers this initiative for employees looking to pursue either RN or LPN license/degree. Tuition reimbursement may be up to \$5,000 per year through the Nursing Education Initiative. Contact your Community Human Resources Department for more details.

### Scholarships



Residents and donors are invested in you as you serve your community and pursue further education and training goals. Scholarships are available in several communities to aid you in seeking education and career advancement.

### Training Courses



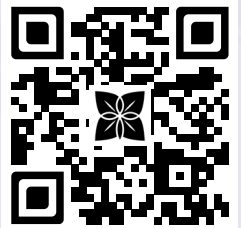
[Relias Learning System](#) is used for required and optional training courses for PSL. CEU credits offered on some courses.

### Tuition Assistance



Going back to school? Expanding your knowledge and continuing education assistance is available to PSL employees. Visit '[My HR](#)' for more information.

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