





At-Home Services at Cathedral Village provide a wide range of convenient, affordable and dependable services that you need and want right in your own home. Service options are tailored to meet your individual desires and needs.

## Services include:

- Daily or weekly services are available
- Emergency call system and emergency pendant with a call push button alarm
- Prescription order and refill assistance with Rx and medication reminders
- Making medical appointments and/or appointment reminders
- Transportation assistance to medical appointments
- Light housekeeping services such as dish washing, laundry, bed making, dusting and/or closet organization
- Daily living assistance such as personal grooming, bathing, dressing
- Socialization and activities
- Assistance with pet care or plant care
- Assistance with mail or correspondence
- Assistance with light meal prep and/or meal delivery

## How does it work?

At-Home Service hours are chosen by the resident and are arranged and provided by our team members who will work with them to develop a package tailored to meet their needs. Because we are on-site, we don't charge for travel time so they get more time with our team members for the money. Our services promote independence and allow residents to remain active and engage in the privacy of their own home.

## **Suggested Packages of Services**

- Morning Wake-Up Services: assistance with getting up, dressing, showering, preparing breakfast, getting the paper
- Noontime Services: meal preparation, wash dishes, companion services, getting the mail
- Evening Service: assistance in undressing, bathing night time routine, getting to bed

Minimum service time is 1 hour. 24-hour notice is requested, holiday rates are two and a half times hourly rate.

Hours: Monday-Friday, 8 am to 4 pm

*Contact us today!* At-Home Services 215.984.8681 www.psl.org/cathedral