

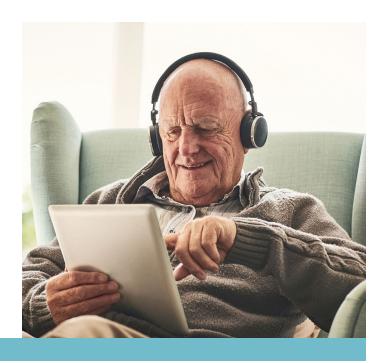
We understand balancing life and caregiving tasks can be a challenge. If you are looking for additional support or have been considering at-home care, we invite you to explore the advantages of Personal Care at Cathedral Village.

# What is Personal Care at Cathedral Village?

Personal Care provides seniors with support and assistance when needed with a focus on total well-being. Personal Care at Cathedral Village works in harmony with residents and their families to ensure they meet each person's needs and can adjust care plans as those needs may change. You can expect our Personal Care community to provide your senior loved one with:

- Help in daily tasks like taking medications, bathing, dressing and maintaining a well-balanced diet
- 24-hour staffing and emergency call system with wearable individual alert pendants

- Assistance with scheduling medical appointments
- Medical management and assistance with coordination of hospital services or health center stays
- Provide the opportunity for companionship for those seniors who would rather not live alone and often host activities in a group setting to promote socialization





#### **Residential Offerings**

Our Personal Care floor plans range in size and offer a wide array of amenities. Safe and comfortable accommodations provide just the right amount of space and privacy with help nearby if needed. Each residential offering includes:

- Spacious apartments with private bathrooms and kitchenettes
- Beautiful, private maintenance-free residence with outdoor patios
- Three delicious, chef-prepared meals each day with special diet accommodations, plus snacks
- Fresh linen, personal laundry, and housekeeping services
- Individually controlled heat and air conditioning in each apartment

To explore details and pricing, please click here for more information.

#### **The Caregiver Journey**

We know that caregiving can be a challenge. We are here for you, and we've compiled some great **helpful resources** with both new and experienced caregivers in mind.

Learn more about Personal Care at Cathedral Village by calling the Sales Team at 215-984-8391 or email cyliving@psl.org.





www.psl.org/cathedral

A Life Plan Community | Philadelphia, PA



### PERSONAL CARE

## Cathedral Village

Personal Care provides seniors with professional assistance when needed and a way to enjoy an active lifestyle. Our team members work in harmony with residents and their families to ensure they meet each person's needs and can adjust support plans as those needs may change. You can expect our Personal Care community to provide you or your senior loved one help with daily tasks like taking medications, bathing, dressing and maintaining a well-balanced diet. On top of daily necessities, Personal Care at Cathedral Village helps residents stay engaged and involved in activities around the campus and with their peers. We provide the opportunity for companionship for those seniors who would rather not live alone and often host activities in a group setting to promote socialization.

Room and Board	Daily Rate
<b>Dogwood Studio</b> – a 228 sq. ft. studio with private half bath, sitting/ sleeping area, and kitchenette.	\$235
<b>Maple Studio</b> – a 307 sq. ft. studio with private half bath, sitting/sleeping area, and kitchenette.	\$267
Oak Suite – a 456 sq. ft. suite with private half bath, separate living room and bedroom areas, and kitchenette.	\$303
*All kitchenettes are equipped with a compact refrigerator and microwave.	

Rates effective January 1, 2025. Subject to change and availability. Not covered by Medicare or Medicaid.

Cathedral Village offers Personal Care where you can exercise your independence while receiving the assistance needed. In addition to striving for the highest standards of physical support services, we provide socially stimulating activities as well as 24-hour supervision of medical needs by nursing team members.

Veterans and surviving spouses who require Personal Care may be eligible for assistance from the Veterans Administration. Cathedral Village offers assistance with obtaining these benefits should you qualify for them. Some long-term care insurance policies may also pay for Personal Care.

All plans include three meals daily plus snacks and beverages. To be considered as a resident of Cathedral Village Personal Care, you must: (1) submit an Income and Asset Form to our administrator for financial approval; and (2) participate in a medical assessment to ensure medical stability and qualification based upon state requirements for personal care. The medical assessment is based on responses to a medical questionnaire.

Personal Care Services are included in the Type A - Care Inclusive Agreement. Maintaining wellness, vitality, dignity and purpose is critical to the residents who live in our community, where we seek to provide the perfect blends of personal care and independent living.



