

# More Peace of Mind.



We understand balancing life and caregiving tasks can be a challenge. If you are looking for additional support or have been considering at-home care, we invite you to explore the advantages of Assisted Living at Glen Meadows.

## What is Assisted Living at Glen Meadows?

Assisted Living provides seniors with support and assistance when needed with a focus on total well-being. Assisted Living at Glen Meadows works in harmony with residents and their families to ensure they meet each person's needs and can adjust care plans as those needs may change. You can expect our Assisted Living community to provide your senior loved one with:

- Help in daily tasks like taking medications, bathing, dressing and maintaining a well-balanced diet
- 24-hour staffing and emergency call system with wearable individual alert pendants

- Assistance with scheduling medical appointments
- Medical management and assistance with coordination of hospital services or health center stays
- Provide the opportunity for companionship for those seniors who would rather not live alone and often host activities in a group setting to promote socialization





## Residential Offerings

Our Assisted Living range in size and offer a wide array of amenities. Safe and comfortable accommodations provide just the right amount of space and privacy with help nearby if needed. Each residential offering includes:

- Spacious apartments with private bathrooms, showers and kitchenettes
- Beautiful, private maintenance-free residence with outdoor patios and walking area

- Three delicious, chef-prepared meals each day with special diet accommodations, plus snacks
- Fresh linen and housekeeping services
- Individually controlled heat and air conditioning in each apartment

To explore details and pricing, please [click here](#) for more information.

## The Caregiver Journey

We know that caregiving can be a challenge. We are here for you, and we've compiled some great [helpful resources](#) with both new and experienced caregivers in mind.

Learn more about Assisted Living at Glen Meadows by calling John Ottena at 410-319-5343 or email [jottena@psl.org](mailto:jottena@psl.org).



PRESBYTERIAN  
**SENIOR LIVING**  
Glen Meadows

[www.psl.org/glenmeadows](http://www.psl.org/glenmeadows)

A Life Plan Community | Glen Arm, MD



# ASSISTED LIVING

## Glen Meadows

Offering seniors the perfect setting to exercise your independence while receiving the assistance that you may need. With fewer than 50 residents, we enjoy fulfilling our commitment to the personal touch. With our comfortable private suites, you're guaranteed to feel at home in our commitment to your personal freedom. Our quality of care and accommodations enable you to enjoy an enriching life with the long-term peace of mind you and your family deserve.

Room and Board	Private Rate	Second Person Rate
<p><b>Level 1</b> (light) – Provide occasional assistance in accessing and coordinating health services and interventions; provide occasional supervision, assistance, support, setup, or reminders with two or more activities of daily living (bathing and dressing); assist a resident with taking medication or reminders to self administer medication; monitor and provide uncomplicated intervention to manage occasional behaviors or occasional psychological or psychiatric episodes or fluctuations; provide occasional assistance in accessing social and recreational services.</p>	\$8,256/mo	\$1,369/mo
<p><b>Level 2</b> (moderate) – Provide substantial support with two or more activities of daily living or support with any number of activities of daily living; provide or ensure assistance with taking medication; administer necessary medication and treatment, including monitoring the effects of the medication and treatment; provide or ensure intervention to manage frequent behaviors; monitor and manage frequent psychological or psychiatric episodes that may require limited skilled interpretation, or prompt intervention or support; provide or ensure ongoing assistance in accessing social and recreational services.</p>	\$10,038/mo	\$1,879/mo
<p><b>Level 3</b> (heavy) – Provide or ensure comprehensive support as frequently as needed to compensate for any number of activities of daily living deficits; provide or ensure assistance with taking medication administer necessary medication and treatment, including monitoring or arranging for monitoring of the effects of complex medication and treatment regimens; monitor and provide or ensure ongoing therapeutic intervention or intensive supervision to manage chronic behaviors; monitor and manage a variety of psychological or psychiatric episodes involving active symptoms, condition changes, or significant risks that may require skilled interpretation or immediate interventions; provide or ensure ongoing access to comprehensive social and recreational services.</p>	\$12,206/mo	\$2,816/mo

**Level of care will be determined by the Assisted Living State Assessment Form.**

Rates effective January 1, 2024. Subject to change and availability. Not covered by Medicare or Medicaid. Entrance Fees: 100%, \$12,500. Entrance Fee is refundable upon re-occupancy. A permanent transfer to the health care center does not trigger a refund on the entrance fee.



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410-319-5343 | [www.psl.org/glenmeadows](http://www.psl.org/glenmeadows)



Pricing is subject to change without notice. It is our policy to admit residents without regard to race, color, national origin, age, ancestry, sex, religious creed, handicap or disability.