



# AT-HOME SERVICES

## Green Ridge Village

210 Big Spring Road  
Newville, PA



At-Home Services at Green Ridge Village provide a wide range of convenient, affordable and dependable services that you need and want right in your own home. Service options are tailored to meet your individual desires and needs.

### Services include:

- Daily call in from At-Home staff to check on well being
- Emergency call system and emergency pendant with a call push button alarm
- Prescription order and refill assistance or pick up service
- Making medical appointments and/or appointment reminders
- Transportation to medical appointments
- Housekeeping services such as dish washing, laundry, bed making, vacuuming, dusting and/or closet organization
- Daily living assistance such as grocery shopping, personal grooming, bathing, dressing
- Socialization and activities
- Assistance with pet care or plant care while you are away
- Assistance with mail or correspondence
- Assistance with light meal prep and/or meal delivery

### How does it work?

At-Home Services are arranged for and provided by our staff who will work with you to develop a package of reasonably priced services tailored to meet your needs. Because we are on-site, we don't charge for travel time so you get more time with staff for the money.

### Hours

Monday-Friday: 8 AM-4 PM  
Saturday & Sunday: 8 AM-12 PM  
Holidays: 8 AM-12 PM

*At-Home Services hours are subject to change.*

*Contact us today!*

**Heather Kotzman**  
**At-Home Services Manager**  
**717.776.8261**  
**[www.psl.org/greenridge](http://www.psl.org/greenridge)**