



# Your Home Away from Home



## Services include:

- Assistance available 24 hours per day and an emergency call system
- Medication Assistance
- On-site physician, podiatry, optometry, and dental services if preferred
- Three nutritious meals each day + snacks
- Personal laundry and housekeeping
- Individualized climate control in each apartment
- Free wi-fi and over 150 cable channels
- Medical appointment scheduling, lab request processing, assistance with coordination of services following hospital or health center discharge

*Our Personal Care is part of Presbyterian Senior Living's Aging Services Network which is accredited by CARF International. This represents the highest level of accreditation that can be awarded to an organization and is widely regarded as a "seal of excellence."*

## Consider Personal Care for a Loved One if:

- You are a caregiver needing a break
- You are planning a time away or a vacation
- Your loved one is transitioning from hospital or from rehab to home
- You just want to try us out for a short time

## Needing a Break or Planning a Vacation

Family members tell us we are the perfect place for people who need a comfortable home-away-from-home when they are out of town or just need a short break. Many like to schedule arrival a few days before their trip and departure a few days after they return.

## Transitioning from Hospital or Rehab to Home

A number of families would like to feel confident about their loved one being independent and safe when returning home after a hospital or rehab stay. A short post-hospital or post-rehab Personal Care stay can provide daily assistance and support while strengthening and recovery continue. Therapy can also be provided if ordered by a physician.

## Short-term Respite Stays

Not sure if you are ready to move to Personal Care. Stay for up to 90 days in order to experience the comfort of our apartments and make new friendships along the way. Respite and short-term stays are affordable, easy to arrange and subject to availability.

*Contact us today!*

**Heather Kotzman**  
**717.776.8261**  
**hkotzman@psl.org**

**Or visit us online at:**  
**[www.psl.org/greenridge](http://www.psl.org/greenridge)**



## RESPIRE CARE at Green Ridge Village

Respite care is more than a short break from caregiving. It provides you with the peace of mind that your loved one is receiving the very best 24-hour care while you tend to your own needs. We all need a mental or physical break from our work sometimes. Caring for a loved one is no different. Give your loved one, and yourself, the gift of a short stay in our Personal Care so you can continue to give your very best self to the one you care for.

Room and Board	Daily Rate
Carriage Courts	\$260

Rates effective January 1, 2025. Subject to change and availability. Not covered by Medicare or Medicaid.

When Respite Care is right for you or your loved one:

### **Vacation**

If you are a caregiver and are planning a vacation but are concerned about who will care for your loved one while you are away, a respite stay is a great option!

### **Considering a Move**

If you are considering a move to a Personal Care or Assisted Living community, a respite stay is a great way to try it out before making a commitment.

### **Recharge**

If you need some time for self-care to recharge your batteries to be your best self to provide care for your loved one, respite stay may be a benefit.



PRESBYTERIAN  
**SENIOR LIVING**  
Green Ridge Village

210 Big Spring Road | Newville, PA 17241  
717-776-8261 | [www.psl.org/greenridge](http://www.psl.org/greenridge)



Pricing is subject to change without notice. It is our policy to admit residents without regard to race, color, national origin, age, ancestry, sex, religious creed, handicap or disability.