



At-Home/Wellness Center Services at Kirkland Village provide a wide range of convenient, affordable and dependable services that you need and want right in your own home. Service options are tailored to meet your individual desires and needs.

**At-Home Services include:**

- Daily call in from At-Home staff to check on well being (Wellness Center)
- Emergency call system and emergency pendant with a call push button alarm (Wellness Center)
- Prescription order and refill assistance or pick up service
- Making medical appointments and/or appointment reminders
- Transportation to medical appointments
- Housekeeping services such as dish washing, laundry, bed making, vacuuming, dusting and/or closet organization
- Daily living assistance such as grocery shopping, personal grooming, bathing, dressing
- Socialization and activities
- Assistance with pet care or plant care while you are away
- Assistance with mail or correspondence
- Assistance with light meal prep and/or meal delivery

**How does it work?**

At-Home/Wellness Center Services are arranged for and provided by our staff who will work with you to develop a package of reasonably priced services tailored to meet your needs. Because we are on-site, we don't charge for travel time so you get more time with staff for the money.

**Caregiver Support Services**

These services are for those couples who care for a loved one and need some time for themselves. This helps to enable couples to live together at home for as long as possible while allowing the spouse to go shopping, dine with friends, run errands, do housekeeping or any number of things that need to be done.

*Contact us today!*

**At-Home Services**  
**610.691.4523**  
**[www.psl.org/kirkland](http://www.psl.org/kirkland)**