



Our Approach

PSL focuses on a Your Journey Forward approach that seeks to enable people living with Alzheimer's Disease and other forms of memory impairment to capitalize on their strengths, enhance existing abilities, and experience moments of joy, comfort, and security in each day's journey.

This begins by gaining an understanding of the person. Their history, areas of interest, what brings a smile or makes them upset, are all important as we work together to uncover those things that will give moments of meaning, purpose, and feelings of security.



We know moving is difficult, memory loss unfair, and you have had hard choices to make to reach this transition. We want to make this move to a new home as easy as possible for your loved one and for you. It's about us taking the time to know your loved one, their goals and yours, what gives them purpose and meaning, and creating individual care and an experience for them.

Caring

Our team members who work in Memory Care neighborhoods are following a calling to care. We focus on person-centered care and when your loved one and you are happy, we are happy too. We strive for high satisfaction with purpose and meaning in every day for each individual.

Convenience

We work with you. From the moment you first call, we want to be there to make the transition from home or hospital to a Memory Care neighborhood as seamless and comfortable as possible. The concept of change and moving from a current residence to a new home is not easy. It is emotionally and physically taxing. We want to be there for you and your loved one to create a new home with us and feel a part of the PSL family.

How We Can Help

Our support includes a daily focus not just on the clinical needs of the individual but meeting the needs of the whole person. This includes a focus on the spiritual, physical, intellectual, vocational, social and emotional needs. We do this by helping each individual find meaning and purpose in their day with engagement in meaningful activity. This may be on a one to one basis, independently, or in a small group program. Compassionate Touch, aromatherapy, music engagement, craft projects, volunteer opportunities, exercise and movement, spiritual health and pet visits are just some of the ways we use to find daily purpose.

Amenities that Complement *Your Journey Forward*

- Small group and individualized programming
- Secure garden area
- Pet friendly
- Access to dietitian, therapies and additional professional supports, if needed
- Support group that meets monthly
- Dedicated Memory Care coordinator, social worker, and care team

“While visiting my dad in Memory Care, I observed many heartwarming interactions between team members and residents. What really impressed me was the way the team members worked together to keep the residents safe. Residents are treated as individuals, not as a group. The patience and dedication that the team members show toward my dad and all of the residents are remarkable. Thank you for all you do for our loved ones. There is a special place in heaven for people who give so selflessly.”
– Moira W., Daughter of Resident

For more information contact:

Megan McGhee

814.644.2057

mmcghee@psl.org

360 Westminster Drive
Huntingdon, PA 16652

www.psl.org/westminsterwoods