





Consider Personal Care for a Loved One if:

- You are a caregiver needing a break
- You are planning a time away or a vacation
- Your loved one is transitioning from hospital or from rehab to home
- You just want to try us out for a short time

Needing a Break or Planning a Vacation

Family members tell us we are the perfect place for people who need a comfortable home-away-from-home when they are out of town or just need a short break. Many like to schedule arrival a few days before their trip and departure a few days after they return.

Transitioning from Hospital or Rehab to Home

A number of families would like to feel confident about their loved one being independent and safe when returning home after a hospital or rehab stay. A short post-hospital or post-rehab Personal Care stay can provide daily assistance and support while strengthening and recovery continue. Therapy can also be provided if ordered by a physician.

Short-term Respite Stays

Not sure if you are ready to move to Personal Care. Stay for up to 90 days in order to experience the comfort of our apartments and make new friendships along the way. Respite and short-term stays are affordable, easy to arrange and subject to availability.

- Assistance available 24-hours per day and an emergency call system
- Medication assistance
- Three nutritious meals each day + snacks
- Personal laundry and housekeeping
- Individualized climate control in each apartment
- Free wi-fi, phone and 150 cable channels
- You can bring your own vehicle with a dedicated parking space

Our Personal Care is part of Presbyterian Senior Living's Aging Services Network which is accredited by CARF International. This represents the highest level of accreditation that can be awarded to an organization and is widely regarded as a "seal of excellence."

> Contact us today! 814.644.2065

Or visit us online at: www.psl.org/westminsterwoods