Implementation Plan for Reopening

In Accordance with CMS QS)-20-30-NH, State of Delaware, Department of Public Health and the Department of Health and Social Services' Interim Guidance for **Skilled Nursing Facilities During COVID-19**

FACILITY INFORMATION
This section contains the name and location of the facility along with contact information for an
individual designated by the facility. That individual does not have to be the Nursing Home
Administrator but should be someone available to respond to questions regarding the
Implementation Plan.
1. FACILITY NAME
Westminster Village at Dover
A CENTER ADDRESS

1175 Westminster Drive

2. STREET ADDRESS

3. CITY	4. ZIP CODE
Dover, DE	19904
5. NAME OF FACILITY CONTACT PERSON	6. PHONE NUMBER OF CONTACT PERSON
Michael McClatchy	302-744-3508

DATE AND STEP OF REOPENING

The facility will identify the date upon which all prerequisites will be met for reopening and the Step. at which the facility will enter reopening. Those facilities that experienced a significant COVID-19 outbreak will identify the date the Department of Health and Social Services survey was conducted (that is required prior to reopening).

7. DATE THE FACILITY WILL ENTER REOPENING

8. SELECT THE STEP AT WHICH THE FACILITY WILL ENTER REOPENING - EITHER STEP 1 OR STEP 2 (CHECK ONLY ONE)

□ Step 1

The facility must meet all the Prerequisites, including the baseline universal test for COVID-19 administered to staff and residents (in accordance with the Governor's orders & DPH Guidance)

Step 2

The facility must meet all the Prerequisites, including the baseline universal test for COVID-19 administered to staff and residents (in accordance with the Governor's orders & DPH Guidance) **AND**

Have the absence of any new facility onset of COVID-19 cases for 28 consecutive days since baseline COVID-19 testing

9. HAS THE FACILITY EXPERIENCED A SIGNIFICANT COVID-19 OUTBREAK? (IF NO, SKIP TO #11)

10. DATE THE FACILITY WAS SURVEYED BY THE DELAWARE HEALTH AND SOCIAL SERVICES TO ENSURE THE FACILITY IS ADEQUATELY PREVENTING TRANSMISSION OF COVID-19

6/30/2020

STRATEGY FOR TESTING, COHORTING, PERSONAL PROTECTIVE EQUIPMENT, AND STAFFING

To ensure the facility has taken appropriate measures to protect residents and staff, descriptions of those strategies are required in this section (prerequisites to reopening).

11. DATE RANGE FOR THE BASELINE UNIVERSAL TEST ADMINISTERED TO STAFF AND RESIDENTS (BETWEEN JUNE 1, 2020 AND JUNE 14, 2020) IN ACCORDANCE WITH THE MAY 26, 2020 EMERGENCY SECRETARY ORDER FROM DHSS.

6/1/2020 to 6/14/2020

12. DESCRIBE THE CAPACITY TO ADMINISTER COVID-19 DIAGNOSTIC TESTS TO ALL RESIDENTS SHOWING SYMPTOMS OF COVID-19 AND TO DO SO WITH 24 HOURS

The Facility has contracted with a CLIA certified laboratory and has the capacity to administer Covid-19 diagnostic tests to all residents showing signs and symptoms of Covid-19 within 24 hours. Community staff obtain naso-pharyngeal samples and send to the CLIA certified laboratory to obtain results.

13. DESCRIBE THE CAPACITY TO ADMINISTER COVID-19 DIAGNOSTIC TESTS TO ALL RESIDENTS AND STAFF IF THE FACILITY EXPERIENCES AN OUTBREAK

The Facility has contracted with a CLIA certrified laboratory and has the capacity to administer Covid-19 diagnostic tests to all residents and staff if the facility experiences and outbreak of Covid-19. Community staff will obtain naso-pharyngeal samples and send to a CLIA certified laboratory to obtain results.

14. DESCRIBE THE CAPACITY TO ADMINISTER COVID-19 DIAGNOSTIC TESTS TO ALL STAFF, INCLUDING ASYMPTOMATIC STAFF

The Facility has contracted with a CLIA certified laboratory and has the capacity to administer Covid-19 diagnostic tests to all staff, including asymptomatic staff. This is accomplished via universal testing of all staff in accordance with Delaware Health and Social Services guidelines. Community staff obtain naso-pharyngeal samples and send to the CLIA certified laboratory to obtain results.

15. DESCRIBE THE PROCEDURE FOR ADDRESSING NEEDED TESTING OF NON-ESSENTIAL STAFF AND VOLUNTEERS

The Facility has contracted with a CLIA certified laboratory and has the capacity to administer Covid-19 diagnostic tests if needed for non-essential staff and volunteers. Non-Essential staff such as salon or beauty shop personnel and any other such non-essential staff that work routinely at the community including volunteers will be required to test in accordance with Delaware Health and Social Services requirement for universal testing. Community staff obtain naso-pharyngeal samples and send to the CLIA certified laboratory to obtain results. Non-essential staff such as contractors and who fail to pass screeing procedures will be referred to their personal physician for appropriate treatment.

16. DESCRIBE THE PROCEDURE FOR ADDRESSING RESIDENTS OR STAFF THAT DECLINE OR ARE UNABLE TO BE TESTED

Those residents who refuse or are unable to be tested will be considered to be a Person Under Investigation (PUI) and be required to isolate in the facility's 'Yellow' zone for 14 days. The resident and resident's responsible party will be educated on the benefits of testing if they have refused. For staff who refuse or are unble to be tested, they will be removed from the work area and referred to human resources for follow-up.

STRATEGY FOR TESTING, COHORTING, PERSONAL PROTECTIVE EQUIPMENT, AND STAFFING

17. DESCRIBE THE PLAN TO COHORT OR ISOLATE RESIDENTS DIAGNOSED WITH COVID-19 IN ACCORDANCE WITH PRESBYTERIAN SENIOR LIVING PANDEMIC POLICY AND PROCEDURE.

Residents will be cohorted to separate units, based on test results. Those residents with a positive SARS-CoV-2 PCR test and still within the parameters for transmission-based precautions will be cohorted in the Covid-19 positive (RED) zone. Those residents who have been potentially exposed will be will be cohorted for 14 days post exposure in a COVID-19 potentially exposed (YELLOW) zone. Any resident in the facility with a negative SARS-CoV-2 PCR test or who was not tested and is thought to be unexposed to COVID-19 will be cohorted in the VOVID-19 unexposed (GREEN) zone.

18. DESCRIBE THE CURRENT CACHE OF PERSONAL PROTECTIVE EQUIPMENT (PPE) AND THE PLAN TO ENSURE AN ADEQUATE SUPPLY OF PPE FOR STAFF (BASED ON THE TYPE OF CARE EXPECTED TO BE PROVIDED)

The facility has a minimum 7 day stock pile of PPE on hand at all times. PPE consumption is monitored daily by electronic tracking sheet. The facility has a 4 hour access to a corporate 90 day stock pile of PPE. Presbyterian Senior Living purchasing teams continue to purchase, stockpile and monitor PPE supplies.

19. DESCRIBE THE CURRENT STAFFING STATUS AND THE PLAN TO ENSURE NO STAFFING SHORTAGES

Westminster Village has adequate staff to meet staffing requirement for the facility.

Westminster Village at Dover endeavors to maintain established schedules in every department at all times. Westminster Village at Dover requires staff to report for duty during emergency situations as determined by the organization and regulatory/governmental agencies. Understanding that this may pose a hardship on certain individuals depending on the circumstance, additional measures will be taken to recognize staff for their commitment to the people we serve. Emergency situations will be declared with a beginning time and if known, an ending time. Emergency situations may require adjusted staffing patterns and cooperation between departments at communities and in extreme circumstances operations support staff and administrative office staff to provide services to customers. The following responses will be used in conjunction with the community's Emergency Staffing Plan as situations warrant, up to and including our most significant crisis:

- Staff will be asked to stay at community to be available for additional shifts.
- Community will provide food and shelter.
- Transportation may be offered.
- Overnight accommodations will be provided.
- Requests for time off will not be granted.
- Salaried staff schedules will be flexed to meet resident and community needs.
- Operations support staff will report to assigned communities.
- Administrative Office staff members will be solicited to report to communities to provide non-clinical services.
- Staff incentives/wage adjustments will be determined by the COO and the SVP of Human Resources
- The facility maintains an agreement with a staffing agency in the case of severe shortages and as a last result.
- Regional Vice President of Operations will routinely contact the facility to monitor staffing situation.

STRATEGY FOR TESTING, COHORTING, PERSONAL PROTECTIVE EQUIPMENT, AND STAFFING

20. DESCRIBE THE PLAN TO HALT ALL REOPENING FACILITIES IF THE COUNTY IN WHICH THE FACILITY IS LOCATED IS REVERTED TO A RED PHASE OF THE GOVERNOR'S REOPENING PLAN

If a facility is in a county or area of the state that the governor has declared as 'Red' the facility will halt any and all activities related to reopening and revert back to full restrictions in accordance with DHSS and CMS guidelines. The facility will do the following: 1) Notify all residents and responsible parties via telephone and written notification of the requirement and explain the restrictions that will be in place. 2) Post the information on the facility's web-site.

SCREENING PROTOCOLS

In each block below, describe the screening protocol to be used including where screening occurs, method of determining symptoms and possible exposure, and action taken if screening reveals possible virus.

21. RESIDENTS

Residents are subject to universal testing in accordance with Delaware Health and Social Services' Guidelines. Residents exhibiting signs and symptoms of COVID-19 based upon assement by qualified nursing or medical staff will be cohorted and tested in accordance with Delaware Health and Social Services guidelines and as noted in sections 12, 13, and 17 above.

22. STAFF

Staff are subject to screening of signs and symptoms and have temperature checks at the beginning of each shift. Staff also have temperature checks at the end of their shift. If staff fail any part of the screening or develop signs and symptoms of COVID-19 during their shift, staff will be tested and referred to their physician for follow-up medical care.

23. HEALTHCARE PERSONNEL WHO ARE NOT STAFF

Healthcare personnel who are not staff are subject to screening of signs and symptoms and have temperature checks prior to entering resident care areas and have temperature checks prior to leaving the building. If they fail any part of the screening or develop signs and symptoms of COVID-19 while at the community, they will referred to their physician for follow-up medical care.

24. NON-ESSENTIAL PERSONNEL

Any non-essential staff are subject to screening of signs and symptoms and have temperature checks at the beginning of each shift and have temperature checks at the end of their shift. If they fail any part of the screening or develop signs and symptoms of COVID-19 during their shift, they will be tested and referred to their physician for follow-up medical care.

25. VISITORS

Visitors will be subject to screening of signs and symptoms and have temperature checks prior to entering the facility. If they fail any part of the screening or develop signs and symptoms of COVID-19 during their visit, they will be asked to leave and contact their physician for follow-up medical care.

26. VOLUNTEERS

Routine volunteers will be subject to the same requirements for staff as noted in section 22 above. Other volunteers will be subject to the same screening requirements for visitors as noted in section 25 above.

COMMUNAL DINING FOR RESIDENTS UNEXPOSED TO COVID-19

Communal dining is the same for all steps of reopening so there is no need to differentiate among the three steps.

27. DESCRIBE COMMUNAL DINING MEAL SCHEDULE, INCLUDING STAGGERED HOURS (IF ANY)

Residents will return to the dining rooms on long term and short term. Meal times will be at the following times to allow all residents who wish to dine in the dining rooms have the opportunity to do so. Breakfast 7:15am-9:30am, Lunch 12:00pm-1:00pm, and Dinner 5:00pm-6:15pm.

28. DESCRIBE ARRANGEMENT OF TABLES AND CHAIRS TO ALLOW FOR SOCIAL DISTANCING

Tables are arranged to adhere to social distancing of at least 6 feet and 2 residents per table.

29. DESCRIBE INFECTION CONTROL MEASURES, INCLUDING USE OF PPE BY STAFF

Hand sanitizer will be used by al residents as they enter the dining room. Residents will wear masks when leaving their room and will continue to wear the mask at the table until food is served. Staff will wear masks and gloves at all times, changing gloves after each encounter with a resident. Tables and chairs will be sanitized by the Dietary team members after each resident leaves the dining area and before another resident is seated at the table. After all residents have completed their meal the housekeeping team will clean all high touch areas and the floor after breakfast, and Lunch. The Dietary staff will be responsible for cleaning high touch areas and the floor after the Dinner meal.

30. DESCRIBE ANY OTHER ASPECTS OF COMMUNAL DINING DURING REOPENING

Tray service to resident rooms will be available for all three meals for any resident that does not wish to eat in the dining room. Tray service will begin after the residents in the dining room have been served.

ACTIVITIES AND OUTINGS

In each block below, describe the types of activities that will be planned at each step and the outings that will be planned at Step 3 (an all-inclusive list is not necessary). Include where they will be held and approximately how many residents will be involved. Describe how social distancing, hand hygiene, and universal masking will be ensured. Also include precautions that will be taken to prevent multiple touching of items such as game pieces.

31. DESCRIBE ACTIVITIES PLANNED FOR STEP 1 (FIVE OR LESS RESIDENTS UNEXPOSED TO COVID-19)

Single use craft activities and supplies provided to residents with an existing interest. Adult Art sheet copied and provided with each resident having their own pack of colored penciled. Bingo down by hallway with each residents set up outside their room and eversound system in place for sound. Social Hour snack cart wheeled around with individual snack options offered in resident rooms.

32. DESCRIBE ACTIVITIES PLANNED FOR STEP 2 (TEN OR LESS RESIDENT UNEXPOSED TO COVID-19)

Bingo held in the Dining Room by hallway one resident per table with disposable cards and personal chips. Virtual Travel Videos in the Living Room practicing social distancing.

33. DESCRIBE ACTIVITIES PLANNED FOR STEP 3

Staff led Spiritual and Patriotic Sing Alongs with social distancing and Masks being worn. 1:1 Pampered Hands with masks worn and sanitization of all supplies.

34. DESCRIBE OUTINGS PLANNED FOR STEP 3

Weekly Mystery rides will resume. Social distancing will be established based on size of bus. Masks will be worn. WVD Wheelchair accessible bus can only support 3 wheelchairs and 4 non wheelchair residents per outing.

NON-ESSENTIAL PERSONNEL

In Step 2, non-essential personnel deemed necessary by the facility are allowed (in addition to those already permitted in Section 4 of Interim Guidance for Skilled Nursing Facilities During COVID-19). In Step 3, all non-essential personnel are allowed. Screening and additional precautions including social distancing, hand hygiene, and universal masking are required for non-essential personnel.

35. DESCRIBE THE LIMITED NUMBER AND TYPES OF NON-ESSENTIAL PERSONNEL THAT HAVE BEEN DETERMINED **NECESSARY AT STEP 2**

Non-essential personnel are hairdresser, barber, private duty HHA and contracted entertainers for the resident events.

36. DESCRIBE HOW SOCIAL DISTANCING, HAND HYGIENE, AND UNIVERSAL MASKING WILL BE ENSURED FOR NON-**ESSENTIAL PERSONNEL AT STEPS 2 AND 3**

Non-essential personnel shall practice social distancing of 6 feet from any individual at all times. Alcohol-based santizer will be available to allow proper hand hygiene. All non-essential personnel will be issued a facemask or they can supply their own facemask and are required to wear while at the

37. DESCRIBE MEASURES PLANNED TO ENSURE NON-ESSENTIAL PERSONNEL DO NOT COME INTO CONTACT WITH **RESIDENTS EXPOSED TO COVID-19**

Non-essential personnel will not be allowed to enter any area in the facility that is designated Red. They will only be allowed in sections that are designated Green or Yellow.

VISITATION PLAN

For visitation to be permitted in Steps 2 and 3 of reopening (as described in Section 6 of Interim Guidance for Skilled Nursing Facilities During COVID-19), the following requirements are established. Screening and additional precautions including social distancing, hand hygiene, and universal masking are required for visitors.

38. DESCRIBE THE SCHEDULE OF VISITATION HOURS AND THE LENGTH OF EACH VISIT

The visitation hours of the facility are from 2 pm to 5pm for the Long Term Care units (200,300 & 400 units) and 2pm to 4pm for the Short Term Care unit (100 unit) while Covid restrictions are in place. The duration of visitation shall be no longer than fourty-five (45) minutes.

39. DESCRIBE HOW SCHEDULING VISITORS WILL OCCUR

The scheduling of visitation shall be maintained through the receptionist. All visiting schedules (including for the weekend) shall be made during standard business hours (9 am – 5pm), Monday through Friday.

40. DESCRIBE HOW VISITATION AREA(S) WILL BE SANITIZED BETWEEN EACH VISIT

There will be a minimum of 10 minutes between visits to allow Staff to wipe down the visitation area with EPA-registered disinfectant.

41. WHAT IS THE ALLOWABLE NUMBER OF VISITORS PER RESIDENT BASED ON THE CAPABILITY TO MAINTAIN SOCIAL DISTANCING AND INFECTION CONTROL?

The number of visitors allowed in Step 2 is 1 per resident; 2 visitors per resident in Step 3.

42. DESCRIBE THE ORDER IN WHICH SCHEDULED VISITS WILL BE PRIORITIZED

The order of visitations will be prioritized so that residents with diseases that cause progressive cognitive decline (e.g., Alzheimer's disease) and residents expressing feelings of loneliness will be placed higher on the visitation list. All other residents will be on a first come first serve basis.

43. DESCRIBE HOW THE FACILITY WILL DETERMINE THOSE RESIDENTS WHO CAN SAFELY ACCEPT VISITORS AT STEP 2 (CONSIDERING SUCH SAFETY FACTORS AS EXPOSURE TO OUTDOOR WEATHER AND TRANSPORTING **RESIDENT TO VISITOR LOCATION)**

VISITATION PLAN

The facility will allow only those residents who are determined by the nursing staff to be unexposed to COVID-19. No one under the age of sixteen (16) is allowed to visit a resident. The resident will only be allowed one visitor per visit.

44. DESCRIBE THE OUTDOOR VISITATION SPACE FOR STEP 2 TO INCLUDE THE COVERAGE FOR SEVERE WEATHER, THE ENTRANCE, AND THE ROUTE TO ACCESS THE SPACE

For the Long Term Care units there are two (2) outdoor courtyards located off of the Greenfield neighborhood (300 Unit) of the health center that will be designated for visitation area. For the Short Term Care unit, the outdoor courtyard by the kitchenette area will be the visitation area. Visitation will be discouraged during severe weather (thunderstorms, excessive heat/humidity, etc.).

45. DESCRIBE HOW A CLEARLY DEFINED SIX-FOOT DISTANCE WILL BE MAINTAINED BETWEEN THE RESIDENT AND THE VISITOR(S) DURING OUTDOOR VISITS

All outdoor courtyards that are designated for outdoor visitation will be marked on the ground to show six-foot separation for visitors, residents and monitored by staff.

46. DESCRIBE THE INDOOR VISITATION SPACE THAT WILL BE USED IN THE EVENT OF EXCESSIVELY SEVERE WEATHER TO INCLUDE THE ENTRANCE AND THE ROUTE TO ACCESS THE SPACE

In the event of severe weather, the visitation area shall be moved to the parlor area in the Long Term Care area. The parlor room has an exit door that leads to outside. This exit door in the parlor room will be unlock for the purpose of visitor entrance. The kitchenette area of the Short Term Care unit will be utilized as the visitation area in severe weather conditions. There is an exit door that leads directly to the outside courtyard.

47. DESCRIBE HOW A CLEARLY DEFINED SIX-FOOT DISTANCE WILL BE MAINTAINED BETWEEN THE RESIDENT AND THE VISITOR(S) DURING INDOOR VISITS

The parlor room floor and kitchenette area floor will be marked to show six-foot separation. The furniture will be arranged that they are six feet apart.

48. DESCRIBE HOW THE FACILITY WILL DETERMINE THOSE RESIDENTS WHO CAN SAFELY ACCEPT VISITORS AT STEP 3 (CONSIDERING SUCH SAFETY FACTORS AS TRANSPORTING RESIDENT TO VISITOR LOCATION)

The facility will allow only those residents who are determined by the nursing staff to be unexposed to COVID-19. The visitors will be limited to two people at a time. There is no limit on age of visitor but all minors must be accompanied by an adult.

49. WILL OUTDOOR VISITATION BE UTILIZED AT STEP 3? IF NO, SKIP TO QUESTION #52

Outdoor visitations will continue in Step 3

50. DESCRIBE THE OUTDOOR VISITATION SPACE FOR STEP 3 TO INCLUDE THE COVERAGE FOR SEVERE WEATHER, THE ENTRANCE, AND THE ROUTE TO ACCESS THE SPACE (IF THE SAME AS STEP 2, ENTER "SAME")

Same

51. DESCRIBE HOW A CLEARLY DEFINED SIX-FOOT DISTANCE WILL BE MAINTAINED BETWEEN THE RESIDENT AND THE VISITOR(S) DURING OUTDOOR VISITS (IF THE SAME AS STEP 2, ENTER "SAME")

Same

52. DESCRIBE THE INDOOR VISITATION SPACE THAT WILL BE USED TO INCLUDE THE ENTRANCE AND THE ROUTE TO ACCESS THE SPACE (IF THE SAME AS STEP 2, ENTER "SAME")

Indoor visitations will occur in the main lobby area and in the kitchenette area of the Short Term Care unit.

53. DESCRIBE HOW A CLEARLY DEFINED SIX-FOOT DISTANCE WILL BE MAINTAINED BETWEEN THE RESIDENT AND THE VISITOR(S) DURING INDOOR VISITS (IF THE SAME AS STEP 2, ENTER "SAME")

Same

54. FOR THOSE RESIDENTS UNABLE TO BE TRANSPORTED TO THE DESIGNATED VISITATION AREA, DESCRIBE THE INFECTION CONTROL PRECAUTIONS THAT WILL BE PUT IN PLACE TO ALLOW VISITATION IN THE RESIDENT'S

STEP 3

VISITATION PLAN

ROOM

Visitors who are visiting Residents that are unable to be transported to the designated visitation area are required to be screened at the facility check in point. The visitors must wear face covering and practice proper hand hygiene prior to entering the resident areas.

VOLUNTEERS

In Step 2, volunteers are allowed only for the purpose of assisting with outdoor visitation protocols and may only conduct volunteer duties with residents unexposed to COVID-19. In Step 3, all volunteer duties may be conducted, but only with residents unexposed to COVID-19. Screening, social distancing, and additional precautions including hand hygiene and universal masking are required for volunteers

55. DESCRIBE INFECTION CONTROL PRECAUTIONS ESTABLISHED FOR VOLUNTEERS, INCLUDING MEASURES PLANNED TO ENSURE VOLUNTEERS DO NOT COME INTO CONTACT WITH RESIDENTS EXPOSED TO COVID-19

Volunteers are educated on the Green, Yellow, and Red signage that is used to identify exposed residents. Education on proper cleaning procedures will be completed prior to the beginning of each volunteer shift.

56. DESCRIBE THE DUTIES TO BE PERFORMED BY VOLUNTEERS DURING STEP 2

Assisting with set up and cleaning of visitation areas outdoors & indoors. Monitoring visitations if assistance with transportation to and from visitation is needed.

ATTESTATION

The Nursing Home Administrator (NHA) is responsible for the accuracy of the Implementation Plan and the facility's adherence to it. Upon completion of blocks 1-57, the Implementation Plan should be printed and the signature and date affixed by the NHA in block 58.

57. NAME OF NURSING HOME ADMINISTRATOR

Michael P. McClatchy, NHA, MHA

58. ATTESTATION

I attest that the information provided in this Implementation Plan is an accurate representation of the facts and that this facility will adhere to the Implementation Plan as written. I further attest that the county in which this facility is located is in a Yellow or Green phase per the Governor's Reopening Plan. This Implementation Plan will be posted on our website (if one exists) or made available to all residents, families, advocates such as the Ombudsman and the Department upon request. This facility will progress to the next step of reopening only when the criteria is met as described in the *Interim Guidance for Skilled Nursing Facilities During COVID-19*. If at any point during reopening the facility fails to meet the criteria for reopening, I will ensure the facility ceases reopening immediately. Further, if at any point during reopening this facility is operating under a contingency staffing plan, I will ensure the facility ceases reopening immediately.

July 13, 2020
SIGNATURE OF NURSING HOME ADMINISTRATOR

DATE